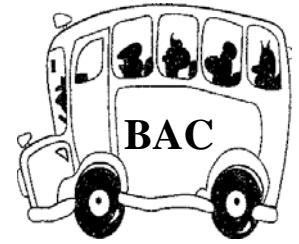
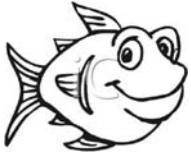


BAC SWIM LESSONS



Information & Schedule

INFANT

CHILD

YOUTH

2009 FALL SESSIONS

Session #1: September 14 – October 24

Session #2: October 26 – December 12

(No classes the week of November 23-28 – Thanksgiving week)

\$47.00 members --- \$59.00 non-members

Group swim lessons will be held during the following times:

MONDAYS: 12:00 – 1:00 PM

TUESDAYS: 4:30 – 6:30 PM

WEDNESDAYS: 4:00 – 7:00 PM

THURSDAYS: 4:00 – 7:00 PM

SATURDAYS: 9:00 – 11:00 AM

(See schedule on back side)

Each class session will last approximately 30 minutes.

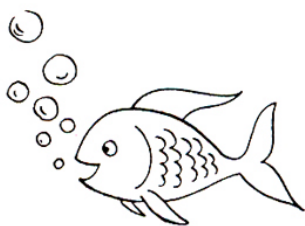
All BAC swim programs are open to members and nonmembers.

For questions or to register, please contact Karen Sue @ 544-3200

*For more information regarding
children, youth or adult private swim lessons, please contact:
Karen Sue Mackaluso, Aquatic Director @ 544-3200 ext. 266*

*****PLEASE NOTE THAT CLASSES MAY BE CANCELLED DUE TO LOW ENROLLMENT*****

2009 FALL GROUP SWIM LESSONS GUIDELINES & SCHEDULE



- *Aqua Babies I 6 months to 16 months
- *Aqua Babies II 16 months up to 2 1/2 years
- * Aqua Toddlers 2-1/2 – 3-1/2 years
- * Splishes & Splashes 6 months minimum age
- *Parent/Adult in water classes

Water Bugs A 3-4 years -- Water Bugs B 4 to 5 years
Levels 1-6 American Red Cross Progressive Swim Lessons

SPLISHES & SPLASHES (parent in water)

Monday 12:00 - 12:30 PM

AQUA BABIES I & II (parent in water)

Monday 12:00 - 12:30 PM (Combo w/Splish/Splash)
 Tuesday 5:00 - 5:30 PM (I & II combo)
 Thursday 5:30 - 6:00 PM (I only)
 Thursday 6:00 - 6:30 PM (II only) w/AT
 Saturday 9:00 - 9:30 AM (I & II combo)
 Saturday 9:30 - 10:00 AM (II only)

AQUA TODDLERS (parent in water)

Monday 12:00 - 12:30 PM
 Tuesday 5:30 - 6:00 PM
 Thursday 6:00 - 6:30 PM (combo w/AB II)
 Saturday 9:30 - 10:00 AM

WATER BUGS A & B (no parent in water)

Monday 12:30 - 1:00 PM (combo w/Splish/Splash)
 Tuesday 4:30 - 5:00 PM (A & B combo)
 Tuesday 5:00 - 5:30 PM (A only)
 Tuesday 5:00 - 5:30 PM (B only)
 Tuesday 6:00 - 6:30 PM (A only)
 Tuesday 6:00 - 6:30 PM (B only)
 Thursday 4:30 - 5:00 PM (A & B combo)
 Thursday 5:00 - 5:30 PM (A & B combo)
 Thursday 5:30 - 6:00 PM (A only)
 Thursday 5:30 - 6:00 PM (B only)
 Thursday 6:00 - 6:30 PM (A & B combo)
 Thursday 6:30 - 7:00 PM (A & B combo)
 Saturday 9:00 - 9:30 AM (A only)
 Saturday 9:00 - 9:30 AM (B only)
 Saturday 9:30 - 10:00 AM (A & B combo)
 Saturday 10:00 - 10:30 AM (B only)
 Saturday 10:30 - 11:00 AM (A only)
 Saturday 11:00 - 11:30 AM (A & B combo)

LEVEL I

Tuesday 4:30 - 5:00 PM
 Tuesday 5:30 - 6:00 PM
 Thursday 5:30 - 6:00 PM
 Thursday 6:00 - 6:30 PM
 Saturday 10:00 - 10:30 AM

SEE SEPARATE FLYERS

Flounders Pre Swim Team:	Mon	5:00-5:30 PM	Lap Pool
	Wed	5:30-6:00 PM	Ex Pool
Junior Swim Team:	Tues	4:15-5:00 PM	
	Thurs	4:15-5:00 PM	
Senior Swim Team:	Tues	5:00-6:00 PM	
	Thurs	5:00-6:00 PM	
Swim Conditioning	Mon &/or Wed	5:00-6:00 PM	
	Sat	11:00 - 12:00	

LEVEL II

Tuesday 5:30 - 6:00 PM
 Thursday 4:30 - 5:00 PM
 Thursday 5:00 - 5:30 PM
 Thursday 6:00 - 6:30 PM
 Saturday 10:00 - 10:30 AM

LEVEL III

Tuesday 6:00 - 6:30 PM
 Thursday 5:00 - 5:30 PM
 Saturday 10:30 - 11:00 AM

LEVEL IV (Lap Pool)

Thursday 6:00 - 6:30 PM (Combo w/LVL V)
 Saturday 10:30 - 11:00 AM (Combo w/LVL V)

LEVEL V

Thursday 6:00 - 6:30 PM (Combo w/LVL IV)
 Saturday 10:30 - 11:00 AM (Combo w/LVL IV)

PLEASE NOTE:

- Please!! Only one make-up per session allowed. All make-ups are to be scheduled through the aquatic dept.
- Please remember to shower your children before using our pools. It is a health department state law and is for the benefit of your child and others sharing the same pool.
- Please note that our other pools are for BAC member usage only. Please do not use them! Thank you.
- As a courtesy to other members using the locker rooms at the same time as swim lessons, please limit your shower time and your towel usage.
- Children under the age of 4 must wear a swim diaper in our pools. They are available at the service desk for \$1.00.
- Cancellation Policy: 24 hr notice required – ANY class changes within 24 hours of start time will be \$15.00. No changes/refunds after the first week. *Thank You!*

Schedules: www.bronsonathleticclub.com