



Bariatric Surgery at Bronson

Are you considering bariatric surgery? If you are severely overweight, bariatric surgery can dramatically impact your health. Surgery can help you lose excess weight, and also improve health problems associated with severe overweight, such as high blood pressure, sleep apnea, type 2 diabetes, and osteoarthritis. Procedures performed at Bronson include Roux-en-Y gastric bypass, adjustable band, and sleeve gastrectomy.

If you choose bariatric surgery, you must be willing to make permanent dietary and lifestyle changes.

The typical bariatric surgery candidate:

- Is at least 18 years old
- Has a body mass index (BMI) of at least 40
- Has a BMI of at least 35 with obesity-related medical problems such as diabetes, hypertension, heart disease, or sleep apnea
- Has previously tried a non-surgical weight loss program
- Is willing to stick with the lifestyle and nutrition requirements
- Is psychologically stable
- Must attend a minimum of three support group sessions following surgery

Bariatric Surgery Information Session

Attending an information session can help you decide if surgery is the right choice for you. Attend Bariatric Surgery: Is it Right for You? to find out about different bariatric surgery procedures, how the surgery works, what it can do for you, and much more. For a list of dates, times and to register, visit bronsonhealth.com/weightmanagement and click on Bariatric Surgery. Or call (269) 341-7723 to register.

Bariatric Surgery Support Group

If you have had or are considering bariatric surgery, Bronson offers ongoing support to help you improve your chances of long-term weight management success. Participants can share information, experiences and emotional support. Supportive friends and family are also welcome. Each session offers a different topic. No registration required for this free program. For a list of dates and topics, visit bronsonhealth.com/weightmanagement and click on Bariatric Surgery Support Group.

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[bronsonhealth.com/
weightmanagement](http://bronsonhealth.com/weightmanagement)

