

Bariatric Full Liquid Foods

For patients to use after the first week of surgery.
(4oz Servings – 4 to 6 meals a day)



Call 6363 to order

Hot Drinks

- *Decaf Coffee
- *Decaf Hot Tea
- Sugar-free Hot Chocolate
- Herbal Tea – lemon, orange & spice, cranberry apple, mint medley

Condiments: Equal®, Splenda®, lemon

Cold Drinks

- *Ice Chips and Water — *available from your nurse. Not available from Room Service.*
- Sugar-Free Lemonade
- Unsweetened Decaf Iced Tea
- Crystal Light® – orange sunrise, raspberry ice

Condiments: Equal®, Splenda®, lemon

Flavored Water (made with splenda)

- Dasani — strawberry, mixed berry, lemon
- Aquafina — grape, orange, mixed berry

*Broth

- Chicken Broth
- Vegetable Broth
- Beef Broth
- Low-Sodium Chicken Broth
- Low-Sodium Beef Broth

*Specialties

- Sugar-Free Popsicles — cherry, grape, orange
- Sugar-Free Lemon Sorbet
- Sugar-Free Gelatin — cherry, orange

Milk

- *Skim Milk
- Original Soy Milk
- Original Rice Milk
- Lactose-Free Milk
- Sugar-Free Carnation Instant Breakfast —strawberry, vanilla, chocolate

Soup

- Strained Cream of Mushroom Soup
- Strained Cream of Chicken Soup

Specialties

- Cream of Wheat Cereal
- *Sugar-Free Pudding — chocolate, vanilla
- Light Vanilla Yogurt
- Unsweetened Applesauce