

Bariatric Clear & Full Liquid Diet

(4oz Servings – 3 items allowed per tray)
Your nurse will provide you with three protein powder packets.



Call 6363 to order

Bariatric Clear Liquid Menu

Hot Drinks

- *Decaf Coffee
- *Decaf Hot Tea

Herbal Tea – lemon, orange & spice, cranberry apple, mint medley

Condiments: Equal®, Splenda®, lemon

Cold Drinks

- *Ice Chips and Water — *available from your nurse. Not available from Room Service.*
- Sugar-Free Lemonade
- Unsweetened Decaf Iced Tea
- Crystal Light® – orange sunrise, raspberry ice

Condiments: Equal®, Splenda®, lemon

Flavored Water (made with splenda)

- Dasani — strawberry, mixed berry, lemon
- Aquafina — grape, orange, mixed berry

*Broth

- Chicken Broth
- Vegetable Broth
- Beef Broth
- Low-Sodium Chicken Broth
- Low-Sodium Beef Broth

*Specialties

- Sugar-Free Popsicles — cherry, grape, orange
- Sugar-Free Lemon Sorbet
- Sugar-Free Gelatin — cherry, orange

Bariatric Full Liquid Menu

All items on Bariatric Clear Liquid Menu along with the following items.

Hot Drinks

- Sugar-free Hot Chocolate

Milk

- *Skim Milk
- Original Soy Milk
- Original Rice Milk
- Lactose-Free Milk
- Sugar-Free Carnation Instant Breakfast — strawberry, vanilla, chocolate