



## WHY I SHOULD

### ***TAKE CONTROL & PROTECT MY BRAIN***

#### Frontal Lobe:

- Our thinking and behavior:
- Our personality - how we act & react to things.
- Our emotions - how we feel about things
- Our movement
- Our judgment and problem solving

#### Parietal Lobe:

- Our touch and sensations – feeling of pressure, temperature and pain.
- Handling of objects/Eye hand coordination

#### Temporal Lobe:

- Helps use to hear and recognize sounds
- Controls language, speech, listening, and musical ability.
- Controls memory

#### Occipital Lobe:

- Controls our sense of sight (our vision), color recognition, letter & word recognition

# Word Scramble

## Directions:

Unscramble the words below to find the answers to the questions.

1. When you are in a car, your \_\_\_\_\_ protects your brain from injury.

ETAS LTBE

2. You should never ride in the front seat of a car until you reach this age.

VLEETW

3. Medical research shows that this can prevent 85% of bicyclists' head injuries.

CLEYICB MLEETH

4. These are the leading causes of brain injury.

TOMOR HCLEIVE SHESARC

5. The most common brain injury in sports.

SSUNOCOCIN

6. What accounts for most of playground related injuries?

ALLSF

7. Be safe, Be \_\_\_\_\_.

EENS

Answers: 1. Seat Belt 2. Twelve 3. Bicycle helmet 4. Motor Vehicle crashes 5. Concussion 6. Falls 7. Seen

# Helmets on the Move!

The words below can be found horizontally, vertically or diagonally.  
Circle the word once you find it and mark it off the list. These words relate to sports and the people who participate in leisure activities.

**Rollerskating - Football - Horseback Riding - Skiing**

**- Skateboarding - Scooter -**

**Inline Skating - Hockey - Baseball - Bicycle**

A	J	M	R	O	L	L	E	R	S	K	A	T	I	N	G	K	L	M
I	N	L	I	N	E	S	K	A	T	I	N	G	T	B	N	R	C	K
J	H	P	S	C	A	V	E	J	P	G	N	K	L	W	Z	U	P	R
F	F	O	O	T	B	A	L	L	Z	I	N	S	B	N	H	I	O	B
J	J	N	G	Q	U	Z	N	T	I	P	N	W	H	L	E	N	L	C
K	S	N	E	A	O	T	P	K	L	J	E	G	I	W	Z	P	U	Y
N	J	M	Y	H	O	R	S	E	B	A	C	K	R	I	D	I	N	G
S	C	S	K	A	T	E	B	O	A	R	D	I	N	G	O	T	T	D
C	W	C	Q	S	M	T	W	A	S	N	I	R	G	E	A	B	G	Z
H	T	O	H	S	T	N	C	G	E	U	Z	W	P	L	D	G	F	T
V	O	O	H	O	C	K	E	T	B	L	O	Q	J	W	R	A	Y	A
U	V	T	C	J	V	D	A	C	A	E	G	Z	N	C	S	P	D	O
Y	I	E	L	Q	T	G	C	U	L	M	I	B	I	C	Y	C	L	E
O	R	R	H	W	U	G	R	O	L	N	A	T	N	B	S	I	E	A

## Take Control – Protect Your Brain Activities for Students

