

FLEXIBLE SIGMOIDOSCOPY

NAME: _____

DATE: _____ ARRIVAL TIME: _____

You have an appointment with Dr. _____.

Please call our office Dept: 269-349-2266 at least 48 hours prior to your appointment time If you must cancel your appointment.

YOU WILL NEED A DRIVER SINCE YOU WILL BE SEDATED FOR THIS PROCEDURE

Please stop eating all indigestible foods such as corn, seeds and popcorn at least 5 days prior to your procedure.

PREP: Purchase two plain Fleets enemas at any drug store.
2 hours before leaving home, use the first enema.
1 hour before leaving home, use the second enema.

DESCRIPTION:

After careful medical assessment, your doctor has recommended that you have a flexible sigmoidoscopy. During this procedure, a flexible fiber optic tube (sigmoidoscope) is passed though the rectum into the lower intestine (sigmoid colon). The doctor will examine the lining of the rectum and the sigmoid colon and to identify any abnormalities. You will be asked to sign a consent form authorizing the doctor to perform the procedure. During this procedure you will lie on your left side with your knees bent or on a special table which can be adjusted so you will be lying in a knee-chest position. The doctor will examine your rectum with a gloved lubricated finger. Then he will insert the lubricated flexible sigmoidoscope which will give you a mild sensation of wanting to move your bowels. As the sigmoidoscope is carefully advanced through the rectum and sigmoid colon, the doctor will examine the intestinal lining for any abnormalities. A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination. You will not feel any sensation or discomfort when the biopsy is performed. You may feel some mild cramping or gas from the air that is introduced during the procedure. You may notice some mild lower abdominal pressure as the scope is advanced through the lower bowel. These sensations should be completely tolerable and not painful. Following the procedure the physician will discuss the findings with you.