

Bronson Breast Health Imaging

Patient Pre-Procedure Instructions

Before the procedure

- Please shower with antibacterial soap like Dove or Dial, before the procedure.
- Eat a meal that includes protein. Some foods with protein are peanut butter, eggs, chicken or tuna, yogurt, or cheese.
- We suggest wearing dark colored clothes. You may be wearing an ace wrap and ice pack home. Wear loose fitting, comfortable clothes.
- Do not wear any deodorant, lotions, or powders.
- Take your usual medicines, except blood thinners, unless told not to take them.
- Your procedure will be done at:
 - Kalamazoo - Bronson Center for Women on the 5th floor of the Medical Office Pavilion.
 - Battle Creek - Bronson Battle Creek Mary Coleman Center.
- A family member or friend may bring you. Due to social distancing, they will not be able to stay with you or wait in the waiting room. You can drive yourself if you wish. Plan to be here 2-3 hours.
- Bring your insurance cards with you.

After the procedure

- Have Tylenol (acetaminophen) and ice packs or ice bags in the house for post-procedure discomfort.
- You will need to keep ice on your biopsy site for a total of 8 hours after the procedure. Apply ice pack on top on the dressing for 30 minutes at a time. Wait another 30 minutes before reapplying.
- It may be helpful to wear a soft, supportive bra.

Any questions, call (269) 341-8517.