

Bronson Breast Health Imaging

Patient Pre-Procedure Instructions

Before the procedure

- Please shower with antibacterial soap, such as Dove or Dial, before the procedure.
- Eat a meal that includes protein. Protein could include peanut butter, eggs, chicken or tuna, yogurt, or cheese.
- We suggest wearing dark colored clothes as you may be wearing an ace wrap and ice pack home. Wear loose fitting, comfortable clothes.
- Do not wear any deodorant, lotions, or powders.
- Take your usual medicines, except blood thinners, unless told not to take them.
- Your procedure will be done at the Bronson for Women on the 5th floor of the Medical Office Pavilion or the Bronson Battle Creek Mary Coleman Center.
- You may bring a friend or family member with you. They will be asked to wait in the waiting room during your procedure. You can drive yourself if you wish. Plan to be here 2-3 hours.
- Bring your insurance cards with you.

After the procedure

- Have Tylenol (acetaminophen) and ice packs or ice bags in the house for post-procedure discomfort.
- You will need to keep ice on your biopsy site for a total of 8 hours following the procedure. Apply ice pack on top on the dressing for 30 minutes at a time. Wait another 30 minutes before reapplying.
- It may be helpful to wear a soft, supportive bra.

Any questions, call (269) 341-8517.

