

Breast Enlargement (Augmentation Mammoplasty)

Pre-Operative Instruction

Items to purchase before surgery:

Note: a surgical bra will be provided to you at the time of surgery.

In addition to the provided surgical bra, we recommend you purchase an extra front closure sports bra to be worn post-operatively. A bra that closes in the front will be easier to wear after surgery. We do not recommend an under wire bra for the first six (6) months after surgery as the wire may be irritating to the incisions.

Your new bra size will be a larger cup size but the chest size (34, 36, 38) will be the same as this number corresponds to the chest size directly under the breast. These bras come in chest size.

(We have found that Walmart and Meijers have the best pricing) Sport Bestform-Cotton/spandex with double layered front, for comfort and support, with convenient front closure.

Further instructions will be given to you after surgery.

If you have any questions, please do not hesitate to contact our office at (269) 372-3000.