

Eyelid Surgery Discharge Instruction

Dressing

Leave steri-strips in place (if present).

Any incisions not covered by tape should be cleaned with saline and covered with ophthalmic antibiotic ointment two (2) or three (3) times a day.

Use a lacrilube at night, especially if eyes are not closing.

Bathing

May shower the day after surgery.

Controlling swelling and bleeding

Elevate area as much as possible for one (1) to two (2) days. Consider sleeping in a recliner.

Place frozen peas, rice, or ice into a Ziploc bag and apply pack to the area twenty (20) minutes every hour until bedtime.

Activity

Avoid straining or lifting heavy objects.

No strenuous activity for two (2) weeks.

Avoid tasks that cause your head to be lower than your heart.

Other Instruction

Avoid aspirin or products that contain aspirin for at least one (1) week.

Avoid Motrin, ibuprofen and all anti-inflammatories (NSAIDs) for at least one week.

Avoid using contacts for four (4) weeks.

Take over-the-counter Benadryl for itching.

Call the office at (269) 372-3000 if sudden or severe swelling, pain or visual changes occur.