

# Forehead Lift

## Post-Operative Instruction

### **Dressing:**

- Do not disturb dressing. Keep dressing dry.
- Bath only. Do not shower.
- Apply ice for the 1st 24 hours.
- Keep head elevated at all times. Avoid straining or heavy lifting.
- Avoid aspirin or aspirin products for two weeks following surgery.
- No driving until pain medication is discontinued, then take short drives to make sure you are comfortable.

If you have any questions, please do not hesitate to contact our office at (269) 372-3000.