

## 3D Mammography (Breast Tomosynthesis)

### What is the main reason for having 3D Mammography (breast tomosynthesis)?

3D mammography (tomosynthesis) is another way of looking at your breast tissue. A 3D mammogram gives your doctor pictures of each layer of your breast. This detailed view of your breast may make it less likely that you will need more tests. The doctor is able to see changes in your breast that may be hidden by normal breast tissue. A 3D mammogram may be used as a screening tool. It may be used in follow up to a traditional mammogram.

### What do you need to do?

- Call your insurance provider to see if this exam will be covered. Codes your insurance company may ask for:
  - CPT Code 77061 Digital Breast Tomosynthesis, one breast
  - CPT Code 77062 Digital Breast Tomosynthesis, both breasts
  - CPT Code 77063 Screening Digital Breast Tomosynthesis, both breasts
- Do not use lotions, creams or deodorants before your exam.

### What to expect:

- The technologist will position you and give you direction during the exam.
- You will be positioned the same way as other mammograms.
- The pressure on your breast will be the same as with other mammograms.
- A 3D mammogram takes a few seconds longer than a traditional mammogram.
- The amount of radiation used in 3D mammograms is within FDA (Food & Drug Administration) guidelines.

### Why is this important for me?

Early detection is the best defense against breast cancer. Doctors use a 3D mammogram to help detect breast cancer early. It is important for women over the age of 40 to have a mammogram every year.

Call and make a lifesaving appointment today!

Battle Creek (269) 245-8666

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