

Cycling Reservation Policy

Effective 1/14/2019

Making your reservation

- Bikes may be reserved up to 24 hours in advance for any cycle class. A reservation is NOT necessary if there is an open bike at the scheduled START of class.
- Your name and member number will be added on a list, saving a place in your requested cycle class.
- To avoid being charged a no-show service fee, you must cancel your reservation at least 12 hours in advance if you decide you are not going to attend a class you registered for.
- If you do not attend the class in which you have reserved a bike, your account will be charged \$10, reflected on your monthly statement.
- If you are not on your bike at the start of class, your bike can be given to a waiting participant. In the instance that you're late and your reserved bike has been given away, you will not be billed the \$10 fee.

Arriving for your reserved cycle class

- Check in at the service desk
- Upon check in, you will receive a reservation card. You can put your reservation card on your desired bike and leave the room until the scheduled class time.

Cycling reservations can only be made by the participating member, and cards will not be given to anyone other than the person who reserved a bike.

Bringing a guest to class?

We encourage you to bring your friends and family to class with you! All guests must follow BAC rules and policies, including payment of a guest fee. You may reserve a bike for your guest like you would for yourself. If your guest does not attend class, your account will be charged the \$10 no-show fee.

Rules of the ride

- **Arrive on time:** Allow yourself enough time to get your bike properly set up. Instructors are always able to help properly set up your bike as needed.
- **Unplug:** In order to maintain a distraction-free environment, we ask that all cell phones be kept out of the cycle room unless utilizing the Keiser Ride app. Lockers are a great place to store your belongings!
- **Respect your neighbors ride:** Once the ride starts, be sure to keep side chats to a minimum.
- **Stay hydrated:** You'll work hard in class! Make sure you drink enough water **before** class and make sure you have enough with you for the entire ride.
- **Early departure:** In order to maintain the energy of the ride, we ask that you stay until the end of the ride. If you must to leave early, try to get a bike near the door for a quick and easy exit.
- **Have fun!:** We want you to be fit, be well and be inspired! No matter which cycling class you attend, bring your energy and get ready for a great time.

