

# ANNUAL REPORT

JANUARY 1 TO DECEMBER 31, 2018

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Dear Friends of SAS,

2018 was a busy year with providing services to survivors of sexual assault and their loved ones. It was a year of transitions with the retirement of longtime SAS system manager, Joyce Siegel, and the beginning of a new chapter of SAS leadership.

**Highlights from 2018 include:**

- An increased number of survivors and their loved ones seeking trauma informed counseling services
- Continued outreach counseling services to survivors in Van Buren County
- Hosting Angela Povilaitis, former assistant attorney general for the Michigan Department of Attorney General, as the keynote speaker at our SAS Annual Recognition Dinner, where she spoke about her cold case work and her role in prosecuting Larry Nassar.
- Attending the Children's Trust Fund Child Abuse Prevention Awareness Rally in Lansing
- Cheering on Diana Vescoso, RN, forensic nurse examiner, who created and presented a poster presentation on "Patient Sample Storage and Disposal: A Patient Centered Approach" for the International Association of Forensic Nursing Conference in Reno, N.V.
- Participating in a panel presentation for the Michigan Human Trafficking Conference in October

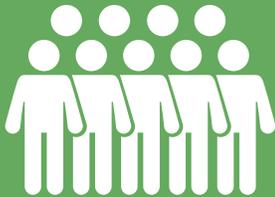
In the year ahead, we look forward to new opportunities to strengthen and increase services to survivors in Van Buren County. Our clinical staff will be providing increased options for therapeutic groups for children, adolescents, adults and non-offending caregivers. Additionally, our Children's Advocacy Center will be implementing new strategies to address and strengthen resiliency for our multidisciplinary team members.

Thank you for your continued support in helping us provide comprehensive services to survivors and their loved ones, and promoting hope, healing, safety and justice.



*Dannielle Kostrab, LMSW  
SAS System Manager*

# 2018: A Year in Review



**1,552** persons  
affected by sexual assault  
received support from Sexual  
Assault Services



**220** children and  
**187** family members  
received specialized services from  
the Children's Advocacy Center



**551** victims  
received specialized  
medical services

**445**  
survivors and  
family members  
received free  
counseling from  
a SAS therapist



**58** victims and family  
members received SAS-assisted  
support during the court process



**30** volunteers gave  
**8,777**  
volunteer hours to  
assist victims



**7,880** youth and adults  
received sexual assault  
prevention education

SAS works in collaboration with the YWCA of Kalamazoo and the Domestic Violence Coalition in Van Buren County to provide advocacy and counseling services in our region. Statistics from these organizations are not included here.

**Sexual Assault Services**

## Education and Prevention

### School-Based Education Sessions

SAS provides school-based programming for children and youth, preschool through college, to prevent sexual abuse and assault. Pre-K and elementary children learn that they are in charge of their body, parts of their body are private, they can say no to touches that make them uncomfortable, and what to do if someone tries to touch them inappropriately. Middle and high school students learn the warning signs of unhealthy relationships, the concept of sexual consent, what to do if they are sexually assaulted, and bystander intervention. Adults learn steps to protect children such as minimizing opportunity, having age appropriate conversations about bodies, sex, and boundaries, recognizing signs of abuse, and reacting responsibly to suspected abuse. Professionals learn how to identify interpersonal violence and connect survivors to appropriate services.

Number of Participants at Prevention Presentations	
Preschool-aged children	125
K-5 Students	6,062
Middle School Students	66
High School Students	951
College Students	422
Adults	2,276*

**\*Community-Based Awareness Events.** During this reporting period, there were 22 community-based awareness events held for adults, including both parents and professionals. At these events, 2,022 individuals were in attendance.

### Systems Change Activities

SAS staff participates in a variety of community interagency workgroups and committees, including:

- Calhoun County Sexual Assault Domestic Violence Coordinating Council
- Maternal and Infant Health Commission
- Calhoun County Sex Offender Management Team
- At the Crossroads Regional Human Trafficking Task Force

## Children's Advocacy Center (CAC)

**“The feeling everyone gave me of safety and security. No judgment.”** – *A caregiver of a child who received services.*

The CAC provides a coordinated, collaborative approach to addressing child sexual abuse and severe physical abuse in our community. A multi-disciplinary team works together to help minimize the trauma victims may experience by providing coordinated investigative team interviews, advocacy services, follow up contacts, referrals and information, therapy and monthly case review meetings.

### **In 2018:**

- 220 children received specialized forensic interviews, and 187 non-offending family members received support and advocacy.
- There were 161 female children and 59 male children interviewed during this period.
- 73 children were 6 years old and under, 81 children were between the ages of 7 to 12 years old and 66 children were 13 to 18 years old.
- 203 children were interviewed for allegations of sexual abuse, 12 children for physical abuse, and 5 children were interviewed as a witness to violence.
- 33 forensic interviews were completed at our Marshall CAC site located at Crossroads Church and Ministries.

## Sexual Assault Nurse Examiner (SANE) Program

Sexual Assault Nurse Examiners (SANEs) are available on-call 24 hours a day as part of our crisis Sexual Assault Response Team. These specially trained registered nurses provide the medical forensic examination for victims of acute sexual assault.

### **In 2018:**

- 542 patients received a form of service from the SANE program.
- 197 of the patients received phone consultation from an expert nurse either directly or via consultation with their healthcare provider, law enforcement or other professional.
- 484 patients received medical forensic examinations, which included 188 adults and 296 patients under the age of 18.
- 93 male patients, 388 female patients, and 3 transgender patients received care.

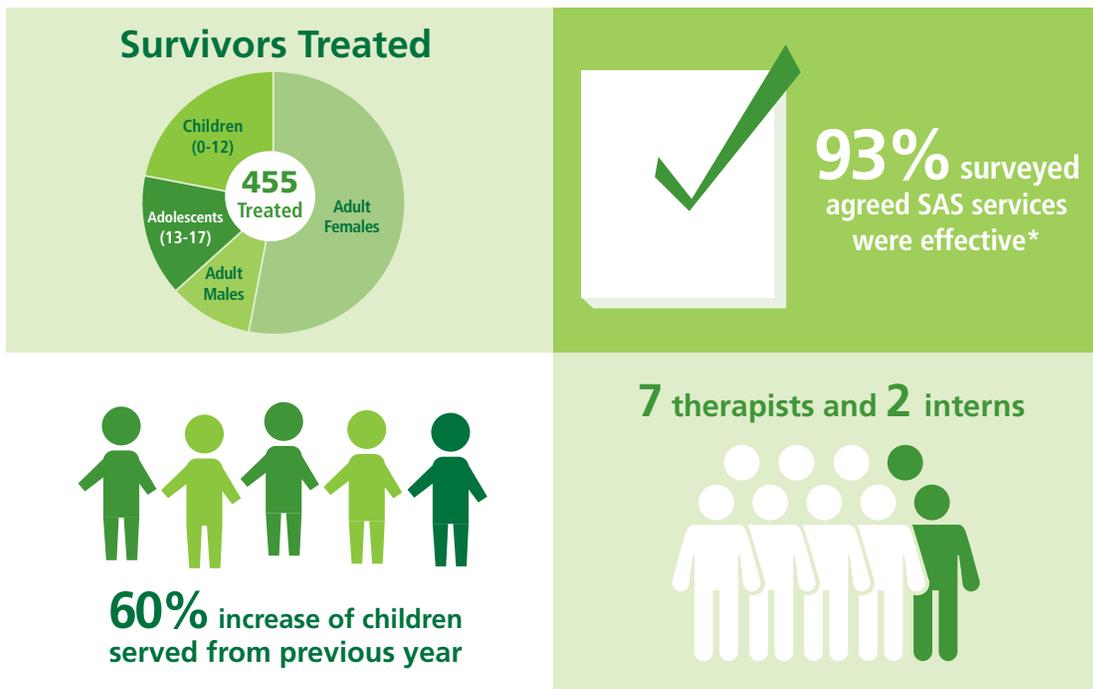
## Volunteer Victim Advocacy Program

SAS held volunteer advocate trainings in March and October 2018 with a total of 13 participants, which brought our total number of volunteer community victim advocates to 30. Our volunteers provided 8,777 hours of on-call time during this reporting period. SAS volunteer victim advocates offer emotional support and referral information to survivors and their loved ones.

If you are interested in becoming a volunteer, contact Pam Buchko at 269-245-3906.

## Counseling Services and Outcomes

- Our counseling practice is based on a client-centered, empowerment focus. We work as a team with our clients, with the understanding that clients know themselves and their circumstances best. Our therapists have extensive education and training for providing services to survivors on the trauma of sexual assault. All therapists are trained in trauma-focused cognitive behavioral therapy and utilize trauma-informed, strengths-based interventions.
- The SAS counseling staff includes seven master's level therapists and two master's level interns from Western Michigan University and Spring Arbor University.
- 455 survivors and family members received free counseling at SAS last year



## SAS Counseling Services

### In 2018:

- 98% of counseling clients agree that their counselor explained how the assault was not their fault.
- 96% of counseling clients agree that their counselor explained the effects of sexual assault on survivors.
- 100% of counseling clients agree that they received assistance in developing positive coping skills.
- 93% of counseling clients agree that SAS services were effective in helping them achieve their goals.

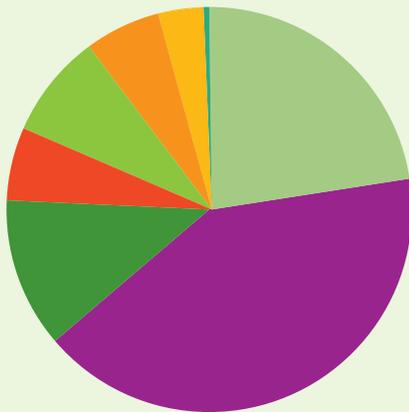
\*These results were based off anonymous surveys given to counseling clients, of which 55 were completed (12.08 percent).

## SAS Community Advisory Board

Kristi Angelo – Michigan State Police  
 Cathy Brown – YWCA  
 Nikki Clemens – Parent Representative  
 Michelle Datema – Calhoun County Public Health Department  
 Nora Geiger – Calhoun County Prosecutor’s Office  
 Pat Graw – Community Member  
 Melanie Hooker – Domestic Violence Coalition  
 Larry Juday – Nottawaseppi Huron Band of the Potawatomi

Clare Loughrige – Crossroads Church & Ministries  
 Dr. Sheila Matthews – Kellogg Community College  
 Bill McClure – Calhoun County DHHS  
 Nancy Mullett – Clark Hill, PLC  
 Katy Reed – Legal Services of South Central MI  
 Megan Reynolds – 37th Circuit Court – Calhoun County  
 Robin Rogers – SARP Defense Logistics Agency (DLA)  
 Brad Wise – Battle Creek Police Department  
 Chandra Youngblood – Battle Creek Public Schools

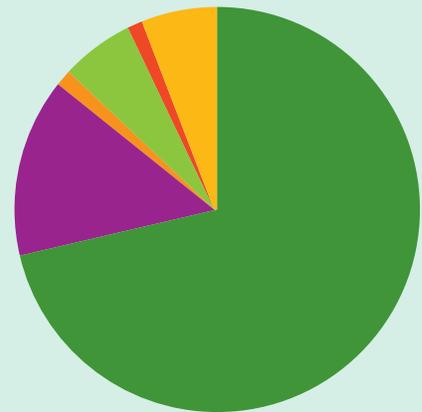
### SAS Program Expenses



- SANE Program
- Counseling/Advocacy
- CAC
- Management & Administrative
- Prevention Education
- Bronson In-Kind
- Volunteer Match
- Misc. Expenses

Programs/Services Expenses:		
Sexual Assault Nurse Examiner (SANE) Program	\$597,722.52	41%
Counseling/Advocacy	\$325,160.53	21%
Children’s Advocacy Center (CAC)	\$172,644.53	12%
Management/Administrative	\$122,328.41	8%
Prevention Education	\$81,916.87	6%
Bronson In-Kind	\$84,855.35	6%
Volunteer Match	\$52,086	4%
Misc. Expenses	\$6,410.26	1%
<b>Total</b>	<b>\$1,443,124.47</b>	<b>100%</b>

### 2018 SAS Funding Sources



- Federal Grants
- State Grants
- Foundation Grants
- United Way Grants
- Bronson In-Kind
- Donations

Funding Sources		
Federal grants	\$1,031,926.89	72%
State grants	\$208,199.75	14%
United Way grants	\$89,189.70	6%
Bronson In-Kind	\$84,855.35	6%
Foundation grants	\$14,268.30	2%
Donations/Fundraising	\$14,684.48	1%
<b>Total</b>	<b>\$1,443,124.47</b>	<b>100%</b>



Children’s Trust Fund  
 Protecting Michigan’s Children



Bronson Healthcare Group is a major partner with Sexual Assault Services, donating space and in-kind services, making Sexual Assault Services a department of Bronson Battle Creek. This project is funded by Grant No. 2016VAGX0021 awarded to Bronson Health Foundation, by the Michigan Crime Victim Services Commission. The agreement award of \$783,305 (80 percent) of the project comes from the Federal Crime Victims Fund, established by the Victims of Crime Act of 1984 administered by the Office of Victims of Crime, Office of Justice Programs, and U.S. Department of Justice. Bronson Battle Creek provides the required match valued at \$195,826 by the use of volunteers and other local match. Sexual Assault Services wishes to thank the Michigan Domestic Violence Sexual Assault Prevention and Treatment Board for their financial support of this project. This project was supported by Grant No. STOP-16-13002 by the Bureau of Justice Assistance, Office of Justice Programs, and U.S. Department of Justice. Sexual Assault Services is an accredited center of the National Children's Alliance/Children's Advocacy Centers of Michigan. Sexual Assault Services also receives in-kind support from Oaklawn Hospital, Crossroads Church and Ministries in Marshall, the Domestic Violence Coalition and Bronson LakeView Hospital in Paw Paw. Sexual Assault Services is a United Way of the Battle Creek and Kalamazoo Region Community Solutions Partner. Other current funding sources include: Bronson Health Foundation, Marshall United Way, Battle Creek Community Foundation, Miller Foundation, and Binda Foundation. Donations have been received from the Marshall Exchange Club and many generous individuals and organizations. All grant funding was expended according to allowable, restricted expenses for each grant.

Assistance with requesting Crime Victims Compensation is available to victims of crime who wish to apply. All services are free of charge.

### Sexual Assault Services

36 W. Manchester St.,  
Battle Creek, MI 49037  
(269) 245-3925



**Crisis Line**  
**888.383.2192**

**Child Advocacy Center:** (269) 245-3835

[sacc.net](http://sacc.net)

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**Sexual Assault Services**