

Bariatric Clear Liquid Diet

(4oz Servings – 3 items allowed per tray)
Your nurse will provide you with three protein powder packets.



Call 6363 to order

Bariatric Clear Liquid Menu

Hot Drinks

*Decaf Coffee

*Decaf Hot Tea

Herbal Tea – lemon, orange & spice, cranberry apple, mint medley

Condiments: Equal®, Splenda®, lemon

Cold Drinks

*Ice Chips and Water — *available from your nurse.*

Not available from Room Service.

Sugar-Free Lemonade

Unsweetened Decaf Iced Tea

Orange Sunrise Crystal Light®

Condiments: Equal®, Splenda®, lemon

Flavored Water (made with Dasani Drops)

Grape, Pineapple Coconut

*Broth

Chicken Broth

Vegetable Broth

Beef Broth

Low-Sodium Chicken Broth

Low-Sodium Beef Broth

Unjury Chicken Soup

*Specialties

Sugar-Free Popsicles — grape, orange

Sugar-Free Lemon Sorbet

Sugar-Free Gelatin — orange