

Bariatric Full Liquid Diet

4oz Servings – 4 to 6 meals a day)
Your nurse will provide you with three protein powder packets.



Call 6363 to order

Hot Drinks

- *Decaf Coffee
- *Decaf Hot Tea
- Herbal Tea – lemon, orange & spice, cranberry apple, mint medley
- Sugar-Free Hot Chocolate

Condiments: Equal®, Splenda®, lemon

Cold Drinks

- *Ice Chips and Water — *available from your nurse. Not available from Room Service.*
- Sugar-Free Lemonade
- Unsweetened Decaf Iced Tea
- Orange Sunrise Crystal Light®

Condiments: Equal®, Splenda®, lemon

Flavored Water (made with Dasani Drops)

Grape, Pineapple Coconut

Milk

- *Skim Milk
- Original Soy Milk
- Original Rice Milk
- Lactose-Free Milk
- Sugar-Free Carnation Instant Breakfast — strawberry, vanilla, chocolate

*Broth

- Chicken Broth
- Vegetable Broth
- Beef Broth
- Low-Sodium Chicken Broth
- Low-Sodium Beef Broth
- Unjury Chicken Soup

*Specialties

- Sugar-Free Popsicles — grape, orange
- Sugar-Free Lemon Sorbet
- Sugar-Free Gelatin — orange