

COMMIT TO BE FIT!

Personal Training Packages Available

Get the most out of your workouts with our nationally certified personal trainers.

Workouts with our trainers are:

- Private and socially distanced
- Tailored to your individual goals and abilities
- Effective and take the guesswork out of exercising

[Learn more about personal training at the BAC now.](#)



Personal training packages

CURRENT BAC MEMBERS

New training clients only

- **Option 1: Intro to personal training package:** Three 60-minute sessions \$99
- **Option 2:** Five 60-minute sessions for \$250 (up to \$125 savings)

NEW MEMBERS

During the month of November, we are offering all new members 50% off initiation fees (pay only \$99; normally \$199). If you are interested in personal training, purchase a training package at the same time to save.

- **Option 1:** Purchase a club membership and Intro to Training Package.
 - (Membership + three 60-minute training sessions) for just \$174
\$75 initiation fee + \$99 training package
- **Option 2:** Purchase a club membership and a Personal Training BAC PAC.
 - (Membership + twelve 30-minute sessions) for only \$554
\$50 initiation fee + \$504 training package

